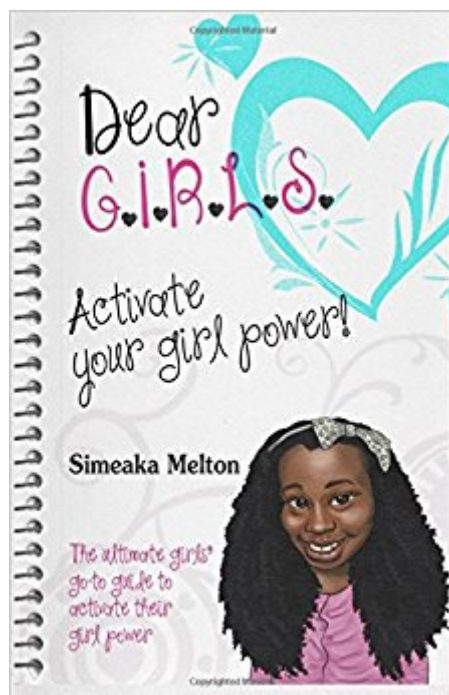


The book was found

Dear GIRLS: Activate Your Girl Power!



Synopsis

Dear G.I.R.L.S. (Girls In Real Life Scenarios) The Dear G.I.R.L.S. book is the ultimate girlsâ™ go-to guide to activate their girl power! Dear G.I.R.L.S. is a book filled with effective and educational explanations that decode and demystify the distorted views that girls are constantly bombarded with by the media and by society. In addition to the fun quiz activities, trivia and scenarios the author uses her love letters to girls in the world to further explain the power of self-confidence. The author also brilliantly utilizes her signature teaching method of relevant real life scenarios to provide evidence of the significance self worth and girl power. As the girlsâ™ ultimate girlsâ™ go-to guide, this book, teaches girls how to live life rising above expectations and how to maneuver the growing pains of the tween and teen years. Dear G.I.R.L.S., Have you had any of these dilemmas yet? Gossip drama Body image pressure Friendship trouble Parent donâ™t understand Boy crush School nerves Fashion emergency The perfect girl stress Peer Pressure What am I going to do scenarios If you answered yes get this book it will certainly help! If you answered no get this book it will certainly help when you do answer yes!

Book Information

Paperback: 288 pages

Publisher: CreateSpace Independent Publishing Platform (September 14, 2015)

Language: English

ISBN-10: 150557644X

ISBN-13: 978-1505576443

Product Dimensions: 5.1 x 0.6 x 7.8 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #2,009,147 in Books (See Top 100 in Books) #85 inÂ Books > Teens >

Personal Health > Maturing #238 inÂ Books > Teens > Social Issues > Being a Teen #332

inÂ Books > Teens > Personal Health > Self-Esteem

Customer Reviews

Simeaka Melton is a teen self-esteem strategist, a social responsibility advocate and the Founder of Dear Girls Academy, Inc. Simeaka Melton has spent nearly two decades working with youth and has made not only a huge impact but has also made her mark in the fields of early childhood education, domestic violence, including the effects on children and adolescents, suicide prevention education, relationship building, self esteem building and as well as human services. Mrs. Melton

has also been awarded the Top 40 Under 40 Award presented by Potomac Local News, The Most Influential Woman Award presented by Prince William Living Magazine, and has received The Own Your Power Award presented by Prince William County Minority Business Network Award. Simeaka Melton is certainly a force to be reckon with her own right. "There is no power like girl power and we need all girls to recognized that, so they never give their power away. Dear Girls is one of my ways to teaching all girls how to live life rising above expectations." Simeaka Melton Connect with Simeaka Melton on social media @Simeaka @DearGirlsBook

This book is what every young girl should have!! My girls love the activities in the book. It really gets them thinking about "what if" this happened to me, what would I do. It's a great conversation starter for parents with their girls. Moms, Dads, Grandma's, Grand dad's, Aunts and Uncles, everyone should buy this book for an important young lady in their life!!

Awesome book and awesome read!!!!!! Truly inspiring for women everywhere, not just young girls. Can't wait for the male version coming soon!!!!

Cant WAIT to share this with my grand nieces. Knowing the author personally, I have great admiration for all the work she does with girls, she is an awesome and phenomenal woman.

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